



St. Paul's Child Care Center

St. Paul's Lutheran Church
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Rye Brook, NY 10573
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Pastor James O'Hanlon

Rest/Nap Agreement

Infants take multiple naps during the day as needed. Infants will be placed on their backs to sleep. Toddlers, 3s and 4s have the opportunity to rest quietly or nap after their lunch between the hours of 1-3. Rest/Nap time is provided in the child's own classroom and they are supervised by the classroom staff using the appropriate child/staff ratio. Each child is provided with their own cot or crib. Parents provide the sheets and blankets. Infants may only have light blankets.

In the Toddler, 3s and 4s rooms we ask that all children sit or rest quietly on their cots for a little while as the classroom staff help the children who do need a nap get settled. After a short period, non-napping children may find quiet classroom activities to do while their peers continue to nap.

I understand my child _____ will use a:

Cot _____ Crib _____ (Infants Only)

Parent/Guardian's name: _____

Parent/Guardian's signature: _____

Date: _____